



CARDIOVASCULAR HEALTH PROGRAM

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# 2003 CARDIOVASCULAR HEALTH SUMMIT

FRIDAY, APRIL 4, 2003 • BIG SKY, MONTANA

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# 2003 CARDIOVASCULAR HEALTH SUMMIT

FRIDAY, APRIL 4, 2003 • BIG SKY, MONTANA

ATTEND THE CARDIOVASCULAR HEALTH SUMMIT TO HEAR OF NEW UPDATES  
AND PRACTICAL EFFECTIVE WAYS TO PREVENT **MONTANA'S NO. 1 KILLER.**

This Summit is designed to assist professionals in improving the health of patients in their care.

## WHO SHOULD ATTEND?

-  Physicians
-  Dietitians
-  Nurses
-  Pharmacists
-  Health Educators
-  Interested Others

## THIS CARDIOVASCULAR HEALTH SUMMIT IS SPONSORED BY:

Montana Cardiovascular Health Program

*In cooperation with:*

Montana Nutrition and Physical Activity Program

University of Montana School of Pharmacy and Allied Health Services

## OUR SPECIAL THANKS TO:

Aventis Pharmaceuticals and Genentech who have supported this Summit through unrestricted education grants.

## COURSE DESCRIPTION

The Cardiovascular Health (CVH) Summit is a continuing education course for health professionals, which will highlight promising methods of preventing and managing cardiovascular disease risk factors. Sessions will focus on primary and secondary prevention of heart disease using clinical and public health approaches.

## COURSE OBJECTIVES

At the conclusion of this educational activity, participants should be able to:

- Identify innovative ways to promote cardiovascular health and to treat cardiovascular disease.
- State the importance of prevention to reduce the burden of cardiovascular disease in Montana.

## ACCREDITATION

The Montana Department of Health and Public Services is affiliated with the University of Washington School of Medicine for the purpose of continuing medical education.

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of 6.0 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.



The University of Montana School of Pharmacy and Allied Health Sciences is accredited by the American Council

on Pharmaceutical Education as a provider of continu-

ing pharmaceutical education. This program is approved for 7.2 contact hours (0.72 CEU). For those attending the plenary and Track I sessions, "Co-Morbidities: Assessment of Risk and Principles of Management," the ACPE number is 035-999-03-009-L01. For those attending the plenary and Track II sessions, "Community-based Interventions in Cardiovascular Health," the ACPE number is 035-999-03-010-L01. Those applying for ACPE credits must

select one track to attend.

Programs may be used by pharmacy technicians, nurse specialists, and naturopathic physicians depending upon the applicant's area of specialty. Credit will be issued only for attendance of the entire program. Partial credit may be issued only if program attendance is evidenced by participant signature for program(s) attended (entire a.m. program or entire p.m. program).

American Dietetic Association—Approved for 6.0 major sessions; 0.5 poster session.

American Association of Family Physicians—Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Montana Nurses Association—Nursing continuing education credits are pending through the Montana Nurses Association who is accredited as an approver of continuing nursing education by the ANCC Commission

## AGENDA

**7:00-8:00** Registration/Continental Breakfast

**8:00-8:15** Opening Comments

**8:15-9:15** Plenary—Preventing Childhood Obesity: A Multi-Level Approach  
—Leslie Lytle, RD, PhD, Professor, Division of Epidemiology, University of Minnesota

**9:15-10:15** Plenary—Guidelines Applied in Practice (GAP): Improving Acute Myocardial Infarction (AMI) Patients' Quality of Care  
—Rajendra Mehta, MD, Clinical Assistant Professor of Internal Medicine, Division of Cardiology, University of Michigan

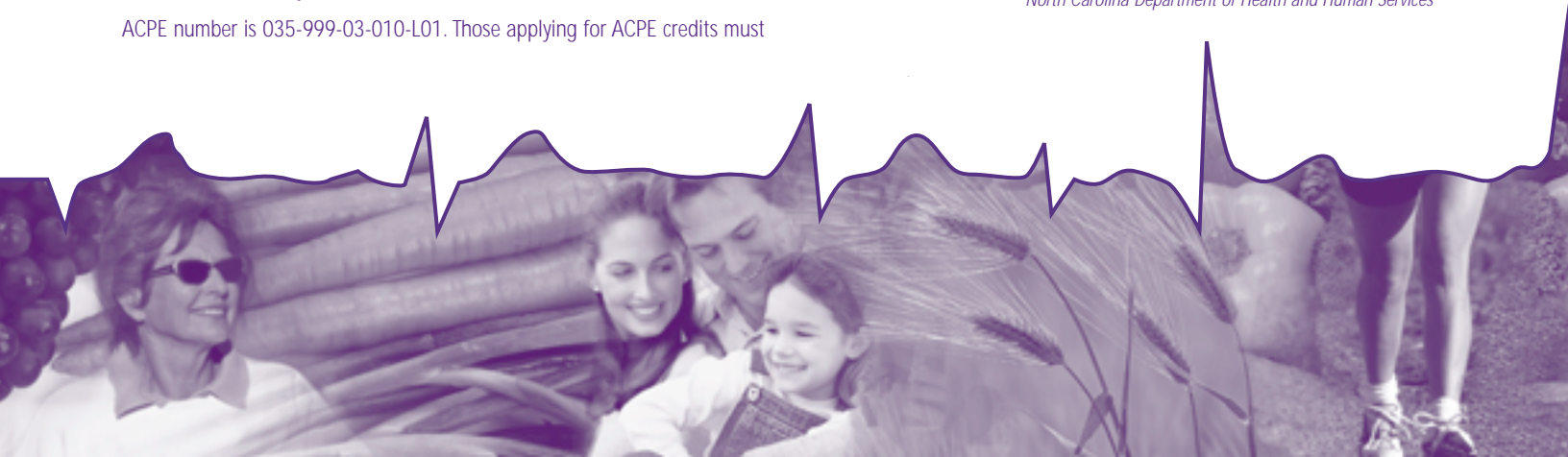
**10:15-10:45** Nutrition Break/Poster Session

Two tracks will be held for sessions from 10:45–2:45. **Those applying for ACPE credits must select one track to attend.** All others may alternate between the two tracks.

**Track I** Co-Morbidities: Assessment of Risk and Principles of Management

**10:45-11:45** Hypertension and Diabetes: Assessment of Risk and Principles of Management  
—Richard Solomon, MD, Chief, Division of Nephrology, University of Vermont

**11:45-12:45** Addressing Stroke in North Carolina: State and Regional Efforts  
—Libby Puckett, PT, Head, Cardiovascular Health Unit, North Carolina Department of Health and Human Services



12:45-1:45 Lunch—Dining Room/Continue Poster Session

1:45-2:45 Lipid-Lowering Therapies  
—Larry Dent, PharmD, Assistant Professor, University of Montana School of Pharmacy

**Track II** Community-based Interventions in Cardiovascular Health

10:45-11:45 San Diego Coordinated Approach to Child Health (CATCH): Lessons Learned from the School Intervention  
—Philip Nader, MD, Professor of Pediatrics, University of California, San Diego, and Principal Investigator for (CATCH) site

11:45-12:45 Evidence-Based Interventions to Promote Physical Activity in the Community  
—Ross Brownson, PhD, Professor and Department Chairperson, Department of Community Health, Saint Louis University School of Public Health

12:45-1:45 Lunch—Dining Room/Continue Poster Session

1:45-2:45 Part I: Get Movin' and Cookin' with Head Start  
—Mary Ellen Holverson, RD, Helena Head Start Nutritionist  
Part II: Teaching Healthy Eating Two Generations at a Time  
—Sara-Jane Magoon, Director, Kids Incorporated Quality Childcare Center

2:45 Completion of Tracks I and II

2:45-3:00 Stretch Break

3:00-4:00 Plenary—New and Emerging Risk Factors: Use in Diagnosis and Treatment of Heart Disease  
—Kevin O'Brien, MD, Associate Professor, University of Washington, Division of Cardiology

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## REGISTRATION

Name \_\_\_\_\_

Organization \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

### PLEASE CHECK YOUR PROFESSION

\_\_\_\_ Physician      \_\_\_\_ Pharmacist      \_\_\_\_ Dietitian  
\_\_\_\_ Nurse      \_\_\_\_ Student      \_\_\_\_ Health Educator  
\_\_\_\_ Other \_\_\_\_\_

### REGISTRATION TIPS

- ☞ Payment is to be included with the registration form.
- ☞ Make check payable to Department of Public Health & Human Services (DPHHS).  
Tax ID Number is 81-0302402.
- ☞ Processing fee of \$10 if registration cancelled prior to March 28.
- ☞ Refunds not available after March 28.
- ☞ Please complete one form for each participant.
- ☞ A confirmation letter, including directions to Big Sky, will be mailed to each registrant.

**REGISTRATION FEES** – Includes all handouts for the day, continental breakfast, morning break, lunch, and instructions to apply for continuing education credits. (Costs for application are not covered with the registration fee).

\_\_\_\_ \$55 through February 24 (Student - \$35)  
\_\_\_\_ \$75 February 25 – April 1 (Student - \$40)  
\_\_\_\_ \$95 after April 2 and at the door (Student - \$50)

Mail registration form and check to: Gail Brockbank, Summit Conference Coordinator  
PO Box 217, Helena, MT 59624-0217  
(Fax: 406-443-0563)

### LODGING

A room block is available until February 24 under Cardiovascular Health Summit. Rate is \$125 per night plus taxes. If room is cancelled, fees may apply. Discounted rates on lift tickets and extended stays are available. If interested, inquire when reservations are made. Call 800-548-4486 to make your reservations.

**QUESTIONS ABOUT THE SUMMIT?** Call Gail Brockbank, Conference Coordinator, at Premier Planning, 406-442-4141

